

Telehealth: Health care from the safety of our homes.

During the COVID-19 Public Health Emergency, we don't have to choose between medical care and social distancing. When patients can get health care through telehealth — and doctors can provide it — we protect ourselves and our communities.



Learn more about telehealth

For patients



Find out what telehealth is, what you'll need (not much!), and what to expect from a visit. You can also check out our tips on finding telehealth options.

[Understanding telehealth](#) >

[Telehealth during COVID-19](#) >

[Finding telehealth options](#) >

[See more on the patients page](#) >

For providers



Get information to help you integrate telehealth, get up to speed on recent COVID-19 related policies, and learn what patients will need to use telehealth.

[Getting started with telehealth](#) >

[Policy changes during COVID-19](#) >

[Planning your telehealth workflow](#) >

[See more on the providers page](#) >

